

| | |
|-----------------------|----------|
| Original Date: | 1-1-2015 |
| Dates Revised: | 1-1-2019 |

DR. BARNES NEW PATIENT QUESTIONNAIRE

All questions contained in this questionnaire are strictly confidential and will become part of your medical record.

| | | |
|--------------------------------------|---|-------------|
| Name (Last, First, M.I.): | <input type="checkbox"/> M <input type="checkbox"/> F | DOB: |
| Previous or referring doctor: | Date: | |

PERSONAL HEALTH HISTORY

At what age did you become obese? _____

What was your lowest adult weight? _____

What was your highest adult weight? _____

Current weight: _____ Current height: _____

Do you eat when you are: Hungry Depressed Angry Sad Happy

Do you ever intentionally vomit: Yes No

Do you binge eat: Yes No

What foods are your "weaknesses": _____

Have you ever been treated for or suffered from an eating disorder:

If Yes, please describe treatment, duration, and year: _____

| | | |
|--|--|---|
| Have you ever had previous weight-loss surgery? | <input type="checkbox"/> YES <input type="checkbox"/> NO | <p style="text-align: center;"><u>OFFICE USE ONLY</u></p> <p>HEIGHT: _____</p> <p>WEIGHT: _____</p> <p>BMI: _____</p> <p>PULSE: _____</p> <p>O2: _____</p> <p>BP: _____</p> <p>LW: _____</p> |
| <input type="checkbox"/> Vertical Banded Gastroplasty Date: _____ | | |
| <input type="checkbox"/> Lap Band Date: _____ | | |
| <input type="checkbox"/> Roux-en-Y Gastric Bypass Date: _____ | | |
| <input type="checkbox"/> Stomach Stapling Date: _____ | | |
| <input type="checkbox"/> Malena Band Date: _____ | | |
| <input type="checkbox"/> Sleeve Gastrectomy Date: _____ | | |
| <input type="checkbox"/> Other not listed: _____ Date: _____ | | |

List ALL medications you take, both prescription and over-the-counter

| Name the Drug | Strength | Frequency Taken |
|---------------|----------|-----------------|
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |

Allergies to medications

| | |
|---------------|------------------|
| Name the Drug | Reaction You Had |
| | |
| | |
| | |

HEALTH HABITS

| | | |
|----------------|---------------------|--|
| Tobacco | Do you use tobacco: | <input type="checkbox"/> YES <input type="checkbox"/> NO |
| Type: _____ | How Often: _____ | |

| | | |
|----------------|-----------------------|--|
| Alcohol | Do you drink alcohol: | <input type="checkbox"/> YES <input type="checkbox"/> NO |
| | How often: _____ | |

| | | |
|--------------|-----------------------|--|
| Drugs | | <input type="checkbox"/> YES <input type="checkbox"/> NO |
| Type: _____ | Date last used: _____ | |

WEIGHT LOSS METHODS

Please indicate which of the following weight loss methods you have attempted and the approximate dates:

| | | |
|---|--|--|
| <input type="checkbox"/> Redux | <input type="checkbox"/> Tops | <input type="checkbox"/> Medifast |
| <input type="checkbox"/> NutriSystem | <input type="checkbox"/> Phen-fen | <input type="checkbox"/> Jenny Craig |
| <input type="checkbox"/> Grapefruit | <input type="checkbox"/> Optifast | <input type="checkbox"/> Xenical |
| <input type="checkbox"/> Adkins | <input type="checkbox"/> Slim Fast | <input type="checkbox"/> Cambridge |
| <input type="checkbox"/> Meridia | <input type="checkbox"/> Sugar Busters | <input type="checkbox"/> Weight Watchers |
| <input type="checkbox"/> Hollywood Diet | <input type="checkbox"/> Dexatrim | <input type="checkbox"/> Cabbage Soup |
| <input type="checkbox"/> Weight No More | <input type="checkbox"/> Richard Simmons | <input type="checkbox"/> Metabolife |
| <input type="checkbox"/> Mayo Clinic | <input type="checkbox"/> Heartsmart | <input type="checkbox"/> Overeaters Anon |

Minimum weight loss on any program: _____

REVIEW OF SYSTEMS

| | | |
|---|---|--|
| <input type="checkbox"/> Unexplained weight loss/ weight gain | <input type="checkbox"/> Swelling feet/ankles | <input type="checkbox"/> Acid reflux/heartburn |
| <input type="checkbox"/> Chest pain/angina | <input type="checkbox"/> Blood clots in legs/lungs | <input type="checkbox"/> Pain after eating |
| <input type="checkbox"/> Bleeding problems | <input type="checkbox"/> Change in appetite | <input type="checkbox"/> Shortness of breath |
| <input type="checkbox"/> Vomiting | <input type="checkbox"/> Seizures | <input type="checkbox"/> Malaise/Weakness |
| <input type="checkbox"/> Constipation | <input type="checkbox"/> Urinary frequency or hesitancy | <input type="checkbox"/> Headaches |
| <input type="checkbox"/> Numbness/tingling | <input type="checkbox"/> Diarrhea | <input type="checkbox"/> Black/tarry stool |
| <input type="checkbox"/> Urinary urgency | <input type="checkbox"/> Weakness | <input type="checkbox"/> Depression |
| <input type="checkbox"/> Calf pain walking | <input type="checkbox"/> Blood in stool | <input type="checkbox"/> Nighttime urination |
| <input type="checkbox"/> Eating disorder (type) _____ | <input type="checkbox"/> Other _____ | |

PAST MEDICAL HISTORY

| | | |
|---|--|---------------------------------------|
| <input type="checkbox"/> Sleep Apnea | <input type="checkbox"/> Hepatitis | <input type="checkbox"/> Infertility |
| <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Pancreatitis | <input type="checkbox"/> Cancer _____ |
| <input type="checkbox"/> Heart Attack | <input type="checkbox"/> Gallstones | <input type="checkbox"/> Transfusions |
| <input type="checkbox"/> High Cholesterol | <input type="checkbox"/> Cirrhosis | <input type="checkbox"/> Arthritis |
| <input type="checkbox"/> Congestive Heart Failure | <input type="checkbox"/> Yellow Jaundice | <input type="checkbox"/> Lupus |

| | | |
|--|--|---|
| <input type="checkbox"/> Pneumonia | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Multiple Sclerosis |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Thyroid Disease | <input type="checkbox"/> Stroke or Mini Stroke |
| <input type="checkbox"/> Emphysema | <input type="checkbox"/> Enlarged Prostate | <input type="checkbox"/> Bipolar Disorder |
| <input type="checkbox"/> Bronchitis | <input type="checkbox"/> Frequent Bladder Infections | <input type="checkbox"/> Schizophrenia |
| <input type="checkbox"/> Tuberculosis | <input type="checkbox"/> Kidney Disease | <input type="checkbox"/> Reaction to Anesthesia (you or family) |
| <input type="checkbox"/> Ulcer Disease | <input type="checkbox"/> STD | <input type="checkbox"/> Other Health Problems |

NAME: _____ **DOB:** _____ **DATE:** _____ **PAGE 2**

| PAST SURGICAL HISTORY (PLEASE GIVE DATE) | | |
|--|---|--|
| <input type="checkbox"/> Exploratory | <input type="checkbox"/> Cosmetic | <input type="checkbox"/> Cataracts |
| <input type="checkbox"/> Tonsils | <input type="checkbox"/> Thyroid | <input type="checkbox"/> Lung resection |
| <input type="checkbox"/> Open heart | <input type="checkbox"/> Stomach | <input type="checkbox"/> Ulcer |
| <input type="checkbox"/> Gallbladder | <input type="checkbox"/> Appendix | <input type="checkbox"/> Hernia |
| <input type="checkbox"/> Colon | <input type="checkbox"/> Hemorrhoids | <input type="checkbox"/> Weight loss surgery |
| <input type="checkbox"/> Hysterectomy | <input type="checkbox"/> Prostate | <input type="checkbox"/> Vascular |
| <input type="checkbox"/> Bone/joint | <input type="checkbox"/> Tubal ligation | <input type="checkbox"/> Other surgeries _____ |

| HAVE YOU HAD ANY OF THE FOLLOWING TESTS PERFORMED IN THE LAST 2 YEARS (LIST DATE AND PHYSICIAN) | | |
|---|--------------------------------------|--|
| <input type="checkbox"/> Physical exam | <input type="checkbox"/> Chest x-ray | <input type="checkbox"/> Upper GI series |
| <input type="checkbox"/> Echocardiogram | <input type="checkbox"/> EKG | <input type="checkbox"/> EGD |
| <input type="checkbox"/> Colonoscopy | <input type="checkbox"/> Mammogram | <input type="checkbox"/> Pap Smear |

| FAMILY HISTORY (PLEASE INDICATE RELATION TO YOU AND THEIR AGE WHEN THEY WERE DIAGNOSED) | |
|---|--|
| <input type="checkbox"/> Obesity _____ | |
| <input type="checkbox"/> Cancer (type) _____ | |
| <input type="checkbox"/> Heart disease _____ | |
| <input type="checkbox"/> High blood pressure _____ | |
| <input type="checkbox"/> Diabetes _____ | |
| <input type="checkbox"/> Other _____ | |

| PLEASE LIST ALL PHYSICIANS YOU HAVE SEEN IN THE LAST 2 YEARS | | |
|---|-------------------|----------------------|
| <i>Physician name:</i> | <i>Specialty:</i> | <i>Phone number:</i> |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |

NAME: _____ **DOB:** _____ **DATE:** _____ **PAGE 3**